

Colorado Masters Swimming State Records

Short Course Yards-Relays

Updated Through 06/24/2024

next update August 2025

18 & Over						
Open Division			Workout Group Division			
Team	Swimmers	Year Time	Relay	Team	Swimmers	Year Time
CMS	Reuben Trinidad(35) Andrew Ladrow(34) Brian Colvert(31) Ramunas Paknys(23)	'15 1:29.75	Men's 200 Free 18+	Pikes Peak Masters Swimming	Reuben Trinidad(35) Andrew Ladrow(34) Brian Colvert(31) Ramunas Paknys(23)	2015 1:29.75
CMS	Austin Fowler(24) Matthew Lang(30) Michael Hulme(24) Adam Martin(21)	'13 1:39.11	Men's 200 Medley 18+	C.U.	Jeremy Erbsen(22) Scott Runyan(33) Toshi Hirabayashi(29) Michael Wilson(23)	2013 1:37.94
CMS	Victor Price(22) Jared Walkenhorst(35) Ted Romero(29) Matt Robertson(34)	'10 3:45.78	Men's 400 Free 18+	Boulder Aquatic Masters	Victor Price(22) Jared Walkenhorst(35) Ted Romero(29) Matt Robertson(34)	2010 3:45.78
			Men's 400 Medley 18+			
			Men's 800 Free 18+			
CMS	Alexis Kato(33) Megan Priddy(24) Audrey Shuss(28) Brittany Biggs(22)	'12 1:41.72	Women's 200 Free 18+	U. of Denver	Brooke Taflinger(24) Sheri Hart(34) Heather Hagadorn(41) Katie Luellen(32)	2006 1:42.61
CMS	Ashley Wright(24) Marci Catallo-Madruga(37) Kristy Champion(29) Kirsten Derr(51)	'16 1:52.84	Women's 200 Medley 18+	U. of Denver Masters	Ashley Wright(24) Marci Catallo-Madruga(37) Kristy Champion(29) Kirsten Derr(51)	2016 1:52.84
CMS	Lucie Majeticova(25) Hattie Green(27) Ira Majeticova(25) Alicia Cardie(24)	'23 4:08.18	Women's 400 Free 18+	Rocky Mtn Thunder Masters	Lisa Rugar(47) Lindsay Garner(31) Kristin Schirmuhly(26) Lauren Williamson(22)	2010 4:16.89
			Women's 400 Medley 18+			
			Women's 800 Free 18+			
CMS	Felipe Porras(21) Shannon Jones(27) Anna Heidingger(32) Jeff Garnier(23)	'17 1:34.33	Mixed 200 Free 18+	D.U.	Emeric Renard(23) Heidi Hendrick(37) Chanel Charbonneau(24) Noah Vallee(21)	2019 1:36.97
CMS	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	'05 1:39.24	Mixed 200 Medley 18+	Durango Masters	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005 1:39.24
CMS	Mark Wachendorf(M56)	'23 3:36.02	Mixed 400 Free	BAM	Christina Sarnecki(23)	2011 3:53.32

Alina Michaels(W23) Brittany Biggs(W38) Nathaniel Hubenthal(M27)		18+	Douglas Wong(35) Kathleen DeHaven(39) Michael Ayer(28)			
		Mixed 400 Medley 18+				
		Mixed 800 Free 18+				
25 & Over						
Open Division			Workout Group Division			
Team	Swimmers	Year Time	Relay	Team	Swimmers	Year Time
CMS	Haydn Silleck(29) Matt Eisenhuth(34) Chris O'Sullivan(33) Ian Caswell(29)	'08 1:26.72	Men's 200 Free 25+	DU Aquaholics	Matt Eisenhuth(29) Dan Ross(29) Thomas Rosinski(34) Hayden Silleck(25)	2004 1:27.10
CMS	Brian Colvert(30) Reuben Trinidad(34) Bryce Eiser(28) Jacob Grosser(25)	'14 1:35.09	Men's 200 Medley 25+	Pikes Peak Swimming	Brian Colvert(30) Reuben Trinidad(33) Bryce Eiser(27) Jacob Grosser(25)	2014 1:35.09
CMS	Andrew Ladrow(32) Drew Wotton(29) Reuben Trinidad(33) Bryce Eiser(27)	'13 3:31.30	Men's 400 Free 25+	Pikes Peak	Andrew Ladrow(32) Drew Wotton(29) Reuben Trinidad(33) Bryce Eiser(27)	2013 3:31.30
CMS	Dylan Bunch(30) Travis Greenwald(29) Scott Berastrom(29) Rob Nasser(54)	'24 3:35.85	Men's 400 Medley 25+			
CMS	Bill Senese(38) Felipe Porris(27) Ben Herring(47) Scott Bergotrom(28)	'23 8:02.06	Men's 800 Free 25+	PPMS	Ramunas Paknys(27) Reuben Trinidad(39) Charles Maynard(53) James Webber(51)	2019 8:46.48
CMS	Danielle Murphy(29) Morgan Greenwald(28) Maegan Olivos(39) Lyndsey Linke(44)	'24 1:39.92	Women's 200 Free 25+	DU Aquaholics	Christy Surr(31) Heather Hagedorn(37) Cecila Gadd-Siegel(30) Katy Clodius(27)	2002 1:43.03
CMS	Anna Heidinger(32) Jodi Lee(39) Shannon Jones(27) Lyndsey Linke(36)	'17 1:51.87	Women's 200 Medley 25+	U. of Denver Masters	Charity Zeigler(33) Anne Perizzolo(26) Julianna Ryan(30) Amy Xu(26)	2016 1:53.88
			Women's 400 Free 25+			
			Women's 400 Medley 25+			
CMS	Alex McAnally(36) Katie Horvath(40) Emily Lane(31) Stacy Ogden(45)	'24 9:46.56	Women's 800 Free 25+			
CMS	David Murphy(26) Travis Greenwald(30)	'24 1:29.52	Mixed 200 Free 25+	Team Vortex	Daniel MacEachran(25) Aaron Hoffman(28)	2002 1:35.38

	Morgan Greenwald(28) Danielle Murphy(29)				Katie Engelhardt(25) Laura Tuck(25)	
CMS	David Murphy(26) Travis Greenwald(30) Danielle (29)Murphy Morgan Greenwald(28)	'24 1:40.67	Mixed 200 Medley 25+	DU Aquaholics	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009 1:41.84
CMS	Kim Crouch(60) Kelly Seavall(53) Robert Garland(52) Scott Bergstrom(27)	'22 3:42.12	Mixed 400 Free 25+	BAM	Robbert-Paul Smit(41) Mica Van Slingerlandt(35) Tracy Deyell(25) Matthew Dane(40)	2011 3:58.19
			Mixed 400 Medley 25+			
			Mixed 800 Free 25+			
35 & Over						

Open Division			Workout Division			
Team	Swimmers	Year Time	Relay	Team	Swimmers	Year Time
Rocky Mtn. Masters	Robbert-Paul Smit(35) John Smith(42) Paul Smith(44) Rowdy Gaines(45)	'04 1:24.05	Men's 200 Free 35+	DU Aquaholics	Chris O'Sullivan(35) Andrew Le Vasseur(46) Schuyler Smith(41) Matthew Eisenhuth(35)	2010 1:29.36
Rocky Mtn. Masters	John Smith(42) Holden Bank(44) Robbert-Paul Smit(35) Paul Smith(44)	'04 1:35.04	Men's 200 Medley 35+	U. of Denver Masters	Mehdi Addadi(38) Kevin Doherty(42) Chris O'Sullivan(41) Matt Eisenhuth(41)	2016 1:38.40
CMS	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	'05 3:49.28	Men's 400 Free 35+	Broomfield Breakers	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005 3:49.28
CMS	Bill Senese(38) Joshua Menez(45) Andrew McDaniel(54) Ben Herring(47)	'23 4:24.74	Men's 400 Medley 35+			
			Men's 800 Free 35+			
CMS	Susan Von Der Lippe(40) Kathy Garnier(45) Sheri Hart(35) Barbara Miller(35)	'06 1:36.46	Women's 200 Free 35+	DU	Teri Moen(38) Sheri Hart(36) Cecilia Gadd-Siegel(35) Heather Hagadorn(42)	2007 1:43.08
CMS	Sheri Hart(35) Susan Von Der Lippe(40) Ellen Campbell(43) Kathy Garnier(45)	'06 1:48.55	Women's 200 Medley 35+	DU	Sheri Hart(36) Cecilia Gadd-Siegel(35) Erika Leetmae(36) Teri Moen(38)	2007 1:54.91
CMS	Chelsea Gibbon(39) Fontaine O'Connell(48) Jodi Quinnell(39) Elizabeth Jones(38)	'23 4:19.83	Women's 400 Free 35+	DU	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006 4:34.66
CMS	Lauren Meyer(35) Hannah Peroon(35) Susan Williams(53) Rachel Romero(36)	'23 5:02.64	Women's 400 Medley 35+			

Rocky Mtn. Masters	Kathy Garnier(41) Laura Smith (36) Judy Nelson(41) Heather Hagadorn(37)	'02 8:16.72	Women's 800 Free 35+				
Rocky Mtn. Masters	Kathy Garnier(43) Susan Von Der Lippe(38) John Smith(42) Paul Smith(44)	'04 1:30.17	Mixed 200 Free 35+	Boulder Aquatic Masters	Paul Smith(45) Mike Gonzales(38) Laura McKeever(37) (unknown)	2005 1:35.89	
CMS	Matthew Eisenhuth(38) Clare Morey(50) Kimberly Martin(48) Chris O'Sullivan(38)	'13 1:39.37	Mixed 200 Medley 35+	BeeGees	Randy Cox(46) Susan Von Der Lippe(43) Richard Hess(54) Kim Crouch(47)	2009 1:49.50	
CMS	Steven Estle(55) Sara Castellano(38) Simon Butterworth(68) Sharon Wetherall(44)	'15 4:48.05	Mixed 400 Free 35+				
CMS	Sharon Wetherall(44) Christopher Coveney(52) Kirk Walker(43) Sara Castellano(38)	'15 4:40.66	Mixed 400 Medley 35+				
CMS	Mary Holman(37) Daniel Crosscup(48) Joseph Bakel(62) Sara Holman(37)	'24 09:06.94	Mixed 800 Free 35+				
45 & Over							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year
CMS	Richard Abrahams(60) Paul Smith(45) Richard Hess(50) James Lilley(45)	'05	1:27.94	Men's 200 Free 45+	Inverness Masters	Steven Kahl(46) Michael Mann(54) Scott Powell(47) Mark Lehrer(51)	2009 1:34.33
CMS	Paul Smith(45) Stuart Waterbury(51) James Lilley(45) Richard Abrahams(60)	'05	1:39.69	Men's 200 Medley 45+	Pikes Peak Masters	Robert Putnam(49) Ben Van der Wel(57) Larry Felix(49) George Leatherman(51)	2023 1:45.04
CMS	Thomas Wright(56) Frank Sullivan(52) William Jenkins(57) Greg Grotke(46)	'15	4:29.92	Men's 400 Free 45+	DAC	Thomas Wright(56) Frank Sullivan(52) William Jenkins(57) Greg Grotke(46)	2015 4:29.92
				Men's 400 Medley 45+			
				Men's 800 Free 45+			
CMS	Kathy Garnier(50) Collette Sappey(46) Anna Scott-Kube(48) Susan Von Der Lippe(45)	'11	1:40.44	Women's 200 Free 45+	CAC	Kathleen Steffe(50) Ellen Campbell(50) Lisa Thilker(47) Kathy Garnier(52)	2013 1:51.18
CMS	Collette Sappey(46) Kim Crouch(49) Susan Von Der Lippe(45) Anna Scott-Kube(48)	'11	1:52.93	Women's 200 Medley 45+	Greenwood Athletic Club	Kelly Seavall(49) Elizabeth Nowak(52) Maureen Batson(46) Heather Hagadorn(51)	2016 2:05.72

				Women's 400 Free 45+			
				Women's 400 Medley 45+	Rally Sport	Karen Ishibashi(55) Frankie Benning(50) Susan Canto(58) Julie Zender(50)	2008 5:35.47
				Women's 800 Free 45+			
CMS	Michael Mann(56) Greg Scott(51) Susan Von Der Lippe(45) Anna Scot-Kube(48)	'11 1:35.40		Mixed 200 Free 45+	Inverness Masters	Steven Kahl(45) Ellen Campbell(45) Mark Johnston(47) Kathy Garnier(47)	2008 1:39.47
CMS	Paul Smith(45) Stuart Waterbury(51) Karen Rosener(51) Cathy Drozda(46)	'05 1:49.43		Mixed 200 Medley 45+	Inverness Masters	Scott Powell(47) Michael Mann(54) Ellen Campbell(46) Kathy Garnier(48)	2009 1:54.68
CMS	Robert Garland(46) Kim Richardson(47) Kelly Seavall(47) Rob Barringer(50)	'16 3:41.32		Mixed 400 Free 45+	Rally Sport	Stephanie Mayer(48) Susan Canto(56) Frankie Benning(48) Karen Ishibashi(53)	2006 5:40.18
CMS	Brian Brown(M52) Kelly Seavall(W54) Robert Garland(M53) Crystal Garland(W51)	'23 4:48.82		Mixed 400 Medley 45+			
CMS	Robert Garland(M53) Brian Brown(M52) Crystal Garland(W51) Kelly Seavall (W54)	'23 9:04.37		Mixed 800 Free 45+			
55 & Over							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Frank Orton(56) Greg Scott(55) Michael Mann(60) Holden Bank(55)	'15	1:34.24	Men's 200 Free 55+	D.U.	Richard Abrahams(70) Mark Barrant(62) Greg Scott(55) Craig Petersen(55)	2015 1:38.92
CMS	Craig Petersen(55) Greg Scott(55) Holden Bank(55) Michael Mann(60)	'15	1:46.77	Men's 200 Medley 55+	U. of Denver Masters	Jonathan Mann(55) Greg Scott(56) Kurt Nelson(56) Kirk Anderson(56)	2016 1:51.97
CMS	Kirk Anderson(55) Michael Mann(60) Craig Petersen(55) Greg Scott(55)	'15	3:28.26	Men's 400 Free 55+	Foothills Masters	Reynold Kalstrom(71) Marvin Clemens(61) Brad David(61) Terry Heggy(61)	2016 4:14.82
CMS	Craig Petersen(55) Greg Scott(55) Michael Mann(60) Kirk Anderson(55)	'15	3:57.13	Men's 400 Medley 55+			
CMS	Michael Mann(60) Craig Petersen(55) Greg Scott(55) Kirk Anderson(55)	'15	7:42.24	Men's 800 Free 55+			

CMS	Collette Sappey(57) Kathleen Steffe(59) Suzy Cotton(62) Kathy Garnier(61)	'22	1:50.31	Women's 200 Free 55+	CAC	Suzy Cotton(59) Ellen Campbell(56) Kathleen Steffe(56) Kathy Garnier(58)	2019	1:52.71
CMS	Collette Sappey(59) Ellen Campbell(61) Karina Plocek(55) Kelly Seavall(55)	'24	2:03.18	Women's 200 Medley 55+	Cherry Creek Athletic Club	Suzy Cotton(59) Ellen Campbell(56) Kathleen Steffe(56) Kathy Garnier(58)	2019	2:07.95
				Women's 400 Free 55+				
				Women's 400 Medley 55+				
				Women's 800 Free 55+				
CMS	Bob Barringer(56) Kathy Garnier(61) Collette Sappey(57) Chuck Ponthier(59)	'22	1:40.95	Mixed 200 Free 55+	Foothills Masters	Judie Lee(W57) Rob Barringer(M57) Maribeth Malecki(W58) Tim Lenneman(M59)	2023	1:53.53
CMS	Collette Sappey(W58) Mark Wachendorf(M57) Chuck Ponthier(M60) Kathy Garnier(W62)	'23	1:54.23	Mixed 200 Medley 55+	Colo. athletics	Collette Sappey(W58) Ellen Campbell(W60) Chuck Ponthier(M60) Chrisopher Nolte (M66)	2023	2:01.93
CMS	Christopher Nolte(M66) Kathleen Steffe(W60) Kathy Garnier(W62) Michael Mann(M68)	'23	4:05.46	Mixed 400 Free 55+				
				Mixed 400 Medley 55+				
				Mixed 800 Free 55+				
65 & Over								
Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Richard Abrahams(65) William Burson(65) John Kalmbach(65) Art Wolfe(70)	'10	1:47.27	Men's 200 Free 65+	D.U.	William Burson(65) Tom Arnold(65) Walter Hultin (69) James Vaughan (66)	2013	2:05.69
CMS	Kevin Feely(67) Stuart Waterbury(65) Richard Abrahams(74) William Abbott(72)	'19	2:02.72	Men's 200 Medley 65+	D.U.	Robert Gleser(69) Tom Arnold(67) Wally Hultin(71) James Vaughan(68)	2015	2:26.11
				Men's 400 Free 65+				
				Men's 400 Medley 65+				

				Men's 800 Free 65+			
CMS	Carolyn Roche(68) Lydia Young(70) Judith Laney(66) Karen Rosener(65)	'19 2:20.74	Women's 200 Free 65+	Fast	Andi Lomax(65) Lydia Young(65) Sue Bloomfield(70) Karen Rosener(69)	2023	2:44.34
CMS	Lydia Young(70) Carolyn Roche(68) Karen Rosener(65) Judith Laney(66)	'19 2:38.80	Women's 200 Medley 65+	Cherry Creek Athletic	Deb Golanty(65) Penny Mckim(71) Ann Noble(68) Reola Phelps(71)	2016	3:48.40
			Women's 400 Free 65+				
			Women's 400 Medley 65+				
			Women's 800 Free 65+	Evergreen	Gayle Gordon(66) Nancy Brown(71) Yasue Homburg(68) Patti Townsend(72)	2013	18:21.40
CMS	Richard Abrahams(74) Stuart Waterbury(65) Karen Rosener(65) Carolyn Roche(68)	'19 1:51.78	Mixed 200 Free 65+	D.U.	Walter Hultin(69) Janet Sachs(76) Jane Oberg(75) James Vaughan(66)	2013	2:23.76
CMS	Kevin Feely(67) Stuart Waterbury(65) Karen Rosener(65) Carolyn Roche(68)	'19 2:13.00	Mixed 200 Medley 65+	D.U.	Janet Sachs(76) Tom Arnold(65) Walter Hultin(69) Linda Lebsack(66)	2013	2:46.21
			Mixed 400 Free 65+				
			Mixed 400 Medley 65+				
			Mixed 800 Free 65+				
75 & Over							
Open Division				Workout Division			
Team	Swimmers	Year Time	Relay	Team	Swimmers	Year Time	
			Men's 200 Free 75+				
CMS	Steve McDanal(78) William Abbott(75) Richard Abrahams(77) James Vaughan(75)	'22 02:38.2	Men's 200 Medley 75+				

				Men's 400 Free 75+	
				Men's 400 Medley 75+	
				Men's 800 Free 75+	
				Women's 200 Free 75+	
				Women's 200 Medley 75+	
				Women's 400 Free 75+	
				Women's 400 Medley 75+	
				Women's 800 Free 75+	
CMS	Jim Michie(75) Frances Holmes(80) Peggy Buchannan(75) Frederick Hoppe(80)	'08	3:28.60	Mixed 200 Free 75+	
				Mixed 200 Medley 75+	
				Mixed 400 Free 75+	
				Mixed 400 Medley 75+	
				Mixed 800 Free 75+	

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