



2019 SPMS OPEN WATER SERIES RESULTS

Submitted by Robin Smith SPMS Open Water Chair
(openwater@spmasterswim.org)

Congratulations to all the participants in the 2019 SPMS Open Water Series. We would like to extend a huge thank you to the Event Directors, Race Officials, Lifeguards, and Volunteers for ensuring a safe and fun open water season this year!

Here are the results of the Series. Congratulations!

* Female High Point

35-39 Female

| | | |
|-----------------------|---------------------|-----------|
| 1 st place | Laura Spears (ATCM) | 52 points |
|-----------------------|---------------------|-----------|

45-49 Female

| | | |
|-----------------------|------------------|-----------|
| 1 st place | Liz Carlin (LBG) | 66 points |
|-----------------------|------------------|-----------|

50-54 Female

| | | |
|-----------------------|--------------------|-------------|
| 1 st place | Linda Simons (CTM) | 110 points* |
|-----------------------|--------------------|-------------|

| | | |
|-----------------------|----------------------|-----------|
| 2 nd place | Nikki Takarabe (CTM) | 52 points |
|-----------------------|----------------------|-----------|

| | | |
|-----------------------|----------------------|-----------|
| 3 rd place | Teresa Wilson (FAST) | 40 points |
|-----------------------|----------------------|-----------|

55-59 Female

| | | |
|-----------------------|----------------------|-----------|
| 1 st place | Susan Rinehart (CTM) | 92 points |
|-----------------------|----------------------|-----------|

| | | |
|-----------------------|-----------------------|-----------|
| 2 nd place | Diane Bathgate (MSCA) | 70 points |
|-----------------------|-----------------------|-----------|

| | | |
|-----------------------|-------------------------|-----------|
| 3 rd place | Becky Cleavenger (CVMM) | 66 points |
|-----------------------|-------------------------|-----------|

| | | |
|-----------------------|------------------------|-----------|
| 4 th place | Nancie Rodriguez (CTM) | 48 points |
|-----------------------|------------------------|-----------|

| | | |
|-----------------------|--------------------|-----------|
| 5 th place | Janice Clark (CTM) | 34 points |
|-----------------------|--------------------|-----------|

| | | |
|-----------------------|-----------------------|-----------|
| 6 th place | Sherry Sawicki (FAST) | 12 points |
|-----------------------|-----------------------|-----------|

60-64 Female

| | | |
|-----------------------|--------------------------|-----------|
| 1 st place | Elizabeth Boscacci (SBM) | 84 points |
|-----------------------|--------------------------|-----------|

| | | |
|-----------------------|-------------------------|-----------|
| 2 nd place | Veronica Hibbens (NOVA) | 66 points |
|-----------------------|-------------------------|-----------|

| | | |
|-----------------------|----------------------|-----------|
| 3 rd place | Janice Atkins (ATCM) | 58 points |
|-----------------------|----------------------|-----------|

65-69 Female

| | | |
|-----------------------|---------------------|-----------|
| 1 st place | Delrie Hobbs (UC33) | 62 points |
|-----------------------|---------------------|-----------|

70-74 Female

| | | |
|-----------------------|-------------------------|-----------|
| 1 st place | Katherine Watson (OJAI) | 58 points |
|-----------------------|-------------------------|-----------|



25-29 Male

| | | |
|-----------------------|-----------------------|-----------|
| 1 st place | Robert Daltorio (GRA) | 84 points |
|-----------------------|-----------------------|-----------|

35-39 Male

| | | |
|-----------------------|---------------------|-----------|
| 1 st place | Scott Bolcoa (NOVA) | 56 points |
|-----------------------|---------------------|-----------|

40-44 Male

| | | |
|-----------------------|-------------------|-----------|
| 1 st place | Marc Eskes (SCAC) | 84 points |
| 2 nd place | Pak Lai (SSTC) | 54 points |

50-54 Male

| | | |
|-----------------------|------------------------|-----------|
| 1 st place | Craig Whitenack (UC33) | 70 points |
| 2 nd place | David Neilan (SOBA) | 38 points |

55-59 Male

| | | |
|-----------------------|---------------------|-----------|
| 1 st place | Michael Lucas (SWM) | 66 points |
| 2 nd place | Joe Irwin (GWSC) | 54 points |

60-64 Male

| | | |
|-----------------------|----------------------------|-----------|
| 1 st place | David O'Neil (SWLB) | 54 points |
| 1 st place | Phil Sidenberg (UC33) | 54 points |
| 3 rd place | Steve Sponagle (NOVA) | 46 points |
| 4 th place | Charlie Christensen (ROSE) | 44 points |

65-69 Male

| | | |
|-----------------------|------------------------|-----------|
| 1 st place | Thomas Heydorff (ATCM) | 54 points |
| 2 nd place | Duff Murphy (CTM) | 40 points |

70-74 Male

| | | |
|-----------------------|---------------------|-----------|
| 1 st place | Tom Ettinger (ROSE) | 84 points |
| 2 nd place | John Nisbet (VCM) | 40 points |

80-84 Male

| | | |
|-----------------------|----------------------|------------|
| 1 st place | Ronald Durkee (ATCM) | 88 points* |
|-----------------------|----------------------|------------|

* Male High Point

Please contact Robin Smith, SPMS Open Water Chair (openwater@spmasterswim.org) with a current mailing address/contact information so your award can be shipped to you.



SPMS
SWIMMERS
of the
YEAR

2019 SPMS **SWIMMERS OF THE YEAR**

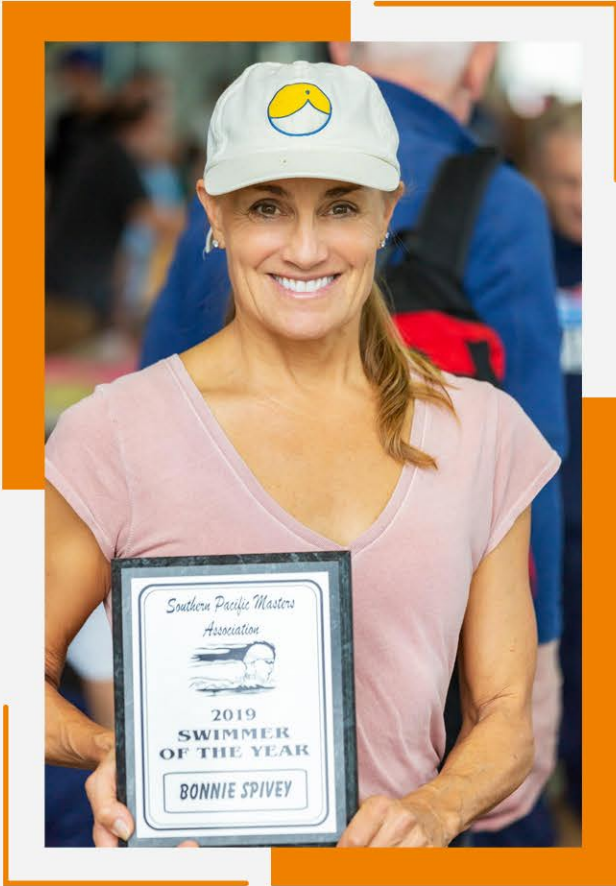
The purpose of the award is to recognize SPMS swimmers each year, male and female, who have displayed exemplary commitment to Masters swimming, achieved personal success at SPMS swim meets and/or open water events, and have been an inspiration to others.

FEMALE SWIMMER OF THE YEAR **BONNIE SPIVEY**

Bonnie Spivey of Los Angeles Peninsula Swimmers (LAPS) has been active in Masters swimming since 1986. She competes in many SPMS meets every year as well as at USMS Nationals where she consistently places in the top three, often winning her age group.

In the past year, Bonnie set 9 new SPMS records, and now holds a total of 14 SPMS records. She also set two USMS records in 2019 thereby attaining All-American status. She has had 12 lifetime USMS records, and 8 lifetime All-American listings.

Congratulations to 2019 SPMS Swimmer of the Year Bonnie Spivey.



MALE SWIMMER OF THE YEAR: **STEVE WEST**

Steve West of Novaquatics Masters has been active in Masters swimming since 2006. In the past year, Steve set 3 new SPMS records upping his current number of SPMS records to 28. He set 3 new USMS records in the past year, and currently holds an impressive 22 USMS records. Steve set 3 FINA world records in the past year, adding to his total of 7 current FINA world records. In addition, Steve has five All-American listings for 2019, and 13 lifetime listings.

Steve participates not only in SPMS meets, but in USA Swimming meets where he is competitive with the best of the elite swimmers who are less than half his age.

Congratulations to 2019 SPMS Swimmer of the Year Steve West.



2019 SPMS **COACH OF THE YEAR**

The purpose of this award is to recognize the SPMS swimming coach who has demonstrated outstanding coaching qualities, club development and overall SPMS participation.

COACH OF THE YEAR: **CHRISTINE MAKI**

Competitive Tri-Swim Masters
LLC (CTSM)

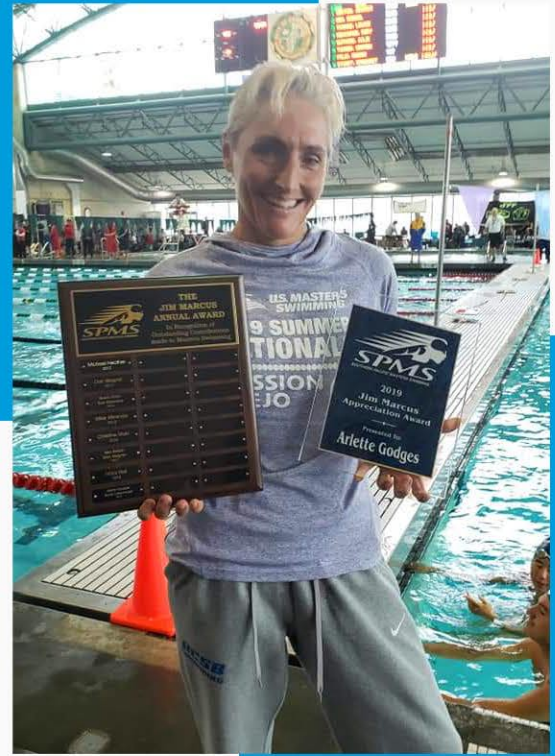
2019 SPMS
**VOLUNTEER
AWARDS**



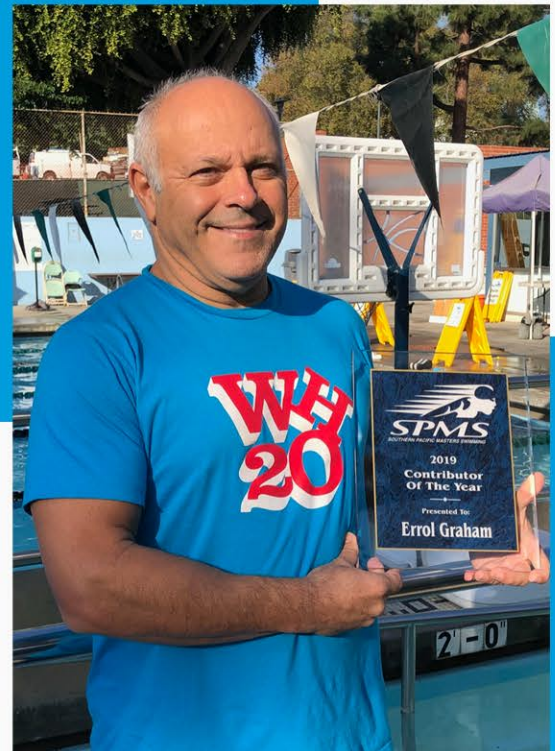
2019 STEVE SCHOFIELD
Distinguished Service Award:
KENNY BRISBIN



2019 JIM MARCUS
Appreciation Award
**BECKY CLEAVENGER &
ARLETTE GODGES**



2019 CONTRIBUTOR
of the Year Award:
ERROL GRAHAM





ADULT LEARN TO SWIM PROGRAM AT SCM REGIONAL CHAMPIONSHIP MEET

December 12, 2019

SPP's ALTS Program "Debuts" at SPMS SCM Champs

For some of the swimmers from SilverPeak Performance, the Short Course Meters Championship Meet was not just a competition – it was validation.

Tenn Nuchkasem, 30, competed in the 100 Free, 50 Free, and the 400m Freestyle relay. "After going through a near-drowning experience at age six, I developed an abject fear of the water. I was never able to conquer that anxiety and enjoy the activity almost every kid does. Today, I am incredibly grateful for SilverPeak's Adult Learn-to-Swim program that equipped me with the skills to feel safe and confident in the water. The element of embarrassment in being an adult who doesn't know how to swim is eliminated by the very nature of this program.

With such a supportive environment and feeling that you're not alone, the program truly empowers you to take the steps to not only learn how to swim but to fall in love with the sport. I experienced this passion for swimming from being a part of an Adult Learn-to-Swim relay. With SPMS and SilverPeak providing the opportunity for new swimmers like me to experience the adrenaline of swimming in a race, I feel accomplished, grateful, and motivated to becoming a better swimmer."

Head Coach Charles McPeak gets teased a lot by our swimmers, because in situations like this, he usually gets something in his eye. "I thought I was doing something cool when I taught my wife how to swim. But, no offense Kris, that was nothing compared to what we are doing now with ALTS. It's the coolest and most important thing I've ever done."

SilverPeak Performance is approaching their second year with a grant from the Swimming Saves Lives Foundation, but Coach Charles has taught more than 100 adults to swim since starting SilverPeak in 2017.

Sandi Liu joined the ALTS program in late summer. "I was 100% land animal until three months ago, when I took my first Adult-Learn-To Swim lessons with SilverPeak Performance, where I learned to do a proper freestyle stroke (with my face in the water!) and breathe to the side. Coaches Charles and Anthony helped build my confidence in the water to the point where I participated in my first swim meet! It was very fun, exciting, and rewarding. SilverPeak Performance is a great supportive club for swimmers of all levels." Sandi was another swimmer who competed at the Short Course Meters Championship meet, coming home with ribbons and bragging rights. Her husband, Darren, was running a 50K race on the Saturday where Sandi did her first relay with SilverPeak! Talk about a focused family!

Pat Luangeaktrakul was specifically referred to the SilverPeak ALTS program by Holly Neumann of USMS. Pat joined us in spring and participated in the Long Course Meet at UCLA. Pat swam all three days of the swim meet at Long Beach. She told us, "I had a great time at the Long Beach (LB) Grunions swim meet because the team and officials were very nice and friendly. Members from the LB team thanked us for swimming and participating in the meet. This was my third swim meet since I learned how to swim with the Adult Learn to Swim Program. But this meet was special for me because it was the first time I started off the block and I completed in my individual longest distance (200m), plus two relays with teammates.

The Adult Learn to Swim Program has helped me feel comfortable in the water, and through Coach Charles, encouragement and positive coaching, I feel empowered with the tools and encouragement to become a better swimmer.

Coach Charles is always very supportive, and knows how to put his team at ease during our meets, especially when we are nervous. He made me feel like a part of the team no matter what level of swimmer I am, told me to have fun, and swim just like in practice. I did, and won three ribbons, and one medal.”

SilverPeak looks forward to April when “Adult Learn to Swim” month is in full gear.

--Kris McPeak, Executive Director of SilverPeak Performance



When not swimming, Rob loved his community to which he gave freely of his time. He was active in coaching, his church, Rotary, and was a member of the Ventura County Search and Rescue team in addition to leading and participating in many service projects, including chairing the 2016 Simi Valley Cajun & Blues Festival.

Deanna Koehler, who got to know Rob early on in her Masters swimming career, shared her thoughts on Rob and their swimming centered relationship:

“As a young twenty something, fresh out of competitive swimming, I extended my love of swimming by teaching adults through the Rancho Simi Recreation and Park District. Rob Hitchcock was a swimmer in my class. He exuded such an interest in competitive swimming. Twenty-one years older than me, Rob became my mentor and most valuable resource. Without hesitation Rob took the lead and guided me through transforming my lap swimmers into bona fide competitive Masters swimmers as together Rob and I formed the Simi Valley Seaturtles. Philanthropic Rob was unstoppable. He found an animator to create our stylish tee shirts and team logo. Hats and swimsuits were silkscreened with the logo and Rob ordered parkas and jackets. I still treasure the Seaturtle parka Rob bought me embroidered “Coach”. This was the first time I was Coach. Thanks to Rob, we were the most “put together” spirited team in USMS. Our small size, under 15 members, did not lack enthusiasm as we competed in numerous Masters meets and ocean swims. The Turtles disbanded in 1999 but that never stopped Rob from seeking swimming knowledge from any coach in the Southern California area, who’d accept his offer of coffee and pastry at Panera’s in exchange for the ability to pick their brains for stroke technique and team advice. This knowledge was used to form Rob’s Y team, the Stingrays. If you needed a place to swim, Rob would have a guest pass at the ready for you to swim at the Y with his team. Just last summer I came to the Simi Y to get in a swim workout and of course Rob was there teaching as well as inspiring a young teenager to swim. All for free. Volunteering was Rob’s pleasure. Rob Hitchcock was a Swim Hero who died with his Speedo on, just like all true swimmers want to go.”

The SPMS family will miss Rob and his infectious passion for swimming.

SWIMMING INTO THE SUNSET

Long time SPMS Masters swimmer Rob Hitchcock, of Simi Valley, passed away in October, doing what he loved most - swimming.

A swim coach and board member for the Simi Valley Family YMCA, Hitchcock could be found almost daily in or beside the pool, whether swimming himself or coaching the many kids, teens and adults who came to him for guidance.



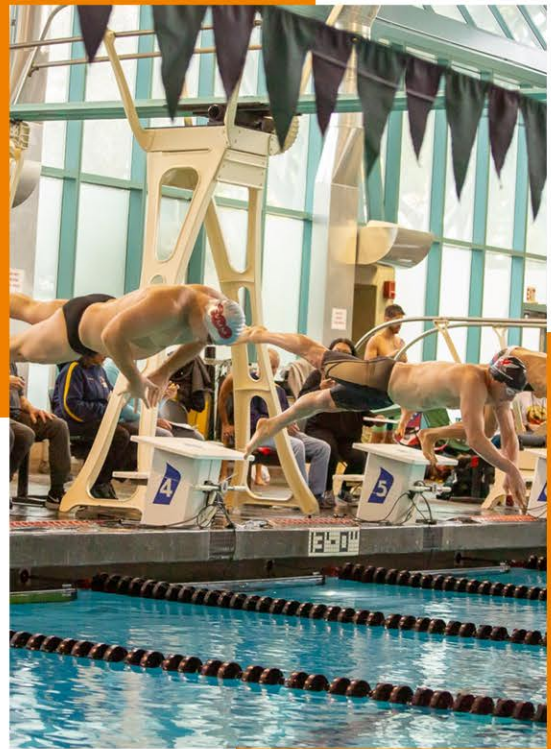


2019 SPMS SCM REGIONAL CHAMPIONSHIPS

For three days, swimmers and teams from all over the United States attended the SPMS SCM Regional Championships. With 51 teams and over 400 participants, the timeline was met or exceeded each day, and even lane 6 survived. A testament to our swimmers in this area, we had over 20 World/National records broken* with many personal bests each day.

We want to give special thanks to the Long Beach Grunions and their family and friends who volunteered to work. SPMS could not have put on such a well-organized meet without the dedication and commitment from the members of the Long Beach Grunions.

THANK YOU!



2019 SPMS SCM Regional Championships

12/6 to 12/8

Team Rankings - Through Event 48
Combined Team Scores

| PLACE | TEAM | POINTS |
|------------------|--------------------------------|----------|
| 1 st | Rose Bowl Masters | 2,033.50 |
| 2 nd | San Diego Swim Masters | 906.50 |
| 3 rd | West Hollywood Aquatics | 899 |
| 4 th | Las Vegas Masters | 830.50 |
| 5 th | Golden Road Aquatics | 745 |
| 6 th | Conejo Valley Multisport Maste | 638 |
| 7 th | Southern California Aquatic Ma | 602.50 |
| 8 th | Oregon Masters | 442 |
| 9 th | SilverPeak Performance | 404 |
| 10 th | Long Beach Grunions | 356 |

Link to Team Scores:

http://scmchamps.org/team_scores.pdf

2019 SPMS SCM Regional Championships

12/6 to 12/8

Individual Rankings -
Through Event 45

| 18-24 WOMEN | | |
|-----------------------|-----------------------|-----------|
| 1 st place | Carlson, Maria (ROSE) | 43 Points |
| 18-24 MEN | | |
| 1 st place | Aleman, Moises (RAA) | 41 Points |
| 25-29 WOMEN | | |
| 1 st place | Turner, Lauren (ROSE) | 52 Points |
| 25-29 MEN | | |
| 1 st place | Powers, Casey (GRA) | 52 Points |
| 30-34 WOMEN | | |
| 1 st place | Parker, Emily (SDSM) | 52 Points |

| 30-34 MEN | | |
|-----------------------|------------------------------|-----------|
| 1 st place | Kunsch, Antoine (WH20) | 54 Points |
| 35-39 WOMEN | | |
| 1 st place | Higlett, Alexis (OMS) | 52 Points |
| 35-39 MEN | | |
| 1 st place | Morris, Jeffrey (SWLB) | 48 Points |
| 40-44 WOMEN | | |
| 1 st place | Maidenberg, Eve (CVMM) | 50 Points |
| 40-44 MEN | | |
| 1 st place | Schwartz, Joshua (ROSE) | 54 Points |
| 45-49 WOMEN | | |
| 1 st place | Mcclafferty, Christine (OMS) | 51 Points |
| 45-49 MEN | | |
| 1 st place | Wegner, Dan (LVM) | 54 Points |
| 50-54 WOMEN | | |
| 1 st place | Gellatly, Jill (CVMM) | 54 Points |
| 50-54 MEN | | |
| 1 st place | Dickson, Kurt (AZLMSC) | 54 Points |
| 55-59 WOMEN | | |
| 1 st place | Godges, Arlette (CVMM) | 48 Points |
| 55-59 MEN | | |
| 1 st place | Jaegers, Al (WAMS) | 54 Points |
| 60-64 WOMEN | | |
| 1 st place | Granger, Traci (LAPS) | 54 Points |
| 60-64 MEN | | |
| 1 st place | Stephenson, Dan (ROSE) | 49 Points |
| 65-69 WOMEN | | |
| 1 st place | Val, Laura (TAM) | 54 Points |
| 65-69 MEN | | |
| 1 st place | Van Boer, Eric (RHMS) | 52 Points |
| 70-74 WOMEN | | |
| 1 st place | Stanbury, Nancy (LBG) | 52 Points |
| 70-74 MEN | | |
| 1 st place | Kerns, Hubie (VCM) | 54 Points |
| 75-79 WOMEN | | |
| 1 st place | Shockro, Ellen (NOVA) | 9 Points |
| 75-79 MEN | | |
| 1 st place | Burns, Richard (TAM) | 54 Points |
| 80-84 WOMEN | | |
| 1 st place | Glenn, Sylvia (OJAI) | 54 Points |

80-84 MEN

1st place Braaksma, Harry (Unattached) 52 Points

85-89 MEN

1st place Mitchell, Tom (SDSM) 54 Points

90-94 MEN

1st place Leipziger, Fred (LVM) 27 Points

95-99 WOMEN

1st place Kornfeld, Maurine (ROSE) 45 Points

Link to High Point Winners:

http://scmchamps.org/high_point_awards.pdf



JANUARY & FEBRUARY Pool meets

January 12th, 2020

Mission Viejo SCY Swim Meet



[Click Below for the meet PDF](#)

https://www.clubassistant.com/club/meet_information.cfm?c=964&smid=12811

January 18th, 2020

Fabulous Las Vegas Masters SCY Swim Meet



[Click Below for the meet PDF](#)

https://www.clubassistant.com/club/meet_information.cfm?c=1415&smid=12470

February 1st, 2020

Palm Springs SCY Swim Meet



[Click Below for the meet PDF](#)

https://www.clubassistant.com/club/meet_information.cfm?c=2190&smid=12812

February 8th- 9th, 2020

Rose Bowl SCY Swim Meet



[Click Below for the meet PDF](#)

https://www.clubassistant.com/club/meet_information.cfm?c=1459&smid=12770

UPCOMING SPMS EVENTS



January 1st

UCSB Masters Freestyle Camp
(Ends Sun, 01/05/2020)



January 12th

Mission Viejo Short Course Yards Swim Meet



January 16th

SPMS Committee Conference Call 7:30P



January 18th

Fabulous Las Vegas Masters SCY Swim Meet at UNLV



February 1st

Palm Springs Short Course Yards Swim Meet



February 8th

Rose Bowl Short Course Yards Swim Meet



February 9th

Rose Bowl Short Course Yards Swim Meet
SPMS Committee Chairs Face-to-Face Planning Meeting 1:00P

SPMS OFFICERS

Chair:



Mark Moore

chair@SPMasterSwim.org

(949) 233-6521

Vice-Chair:



Ken Brisbin

vicechair@SPMasterSwim.org

Treasurer:



Bob Eberwine

treasurer@SPMasterSwim.org

(949) 933-7100

Secretary:



Diana LaMar

secretary@SPMasterSwim.org

Member At-Large:



Becky Cleavenger

memberatlarge@SPMasterSwim.org

Registrar and Webmaster:



Dan Wegner

registrar@SPMasterSwim.org

3773 Price Ridge Ct

Las Vegas, NV 89147

(310) 564-6958

Top Ten Recorder:



Judi Divan

TopTen@SPMasterSwim.org

Newsletter Editor:



Jorge Ferrero

newsletter@SPMasterSwim.org



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<https://www.spmasterswim.org/newsletter-archives/>