

**SPMS Monthly Minutes via Zoom**  
**Date: Thursday, March 21, 2024**  
**TERMINOLOGY: Motion - Second - Passed (MSP)**

**MEETING CALLED TO ORDER** 7:33 PM Pacific Time

**FACILITATOR** Kenny Brisbin

**RECORDER** Lucila Davies

**1. ROLL CALL TO TAKE ATTENDANCE**

*Executive Committee, Contractors, and Committee Chair Attendees*

- |                                      |   |  |
|--------------------------------------|---|--|
| 1. Kenny Brisbin (LBG),<br>Chair     | 5. Virgil Chancy (UC33),<br>Diversity & Inclusion Chair | 9. Anita Cole (LBG),<br>Marketing                |
| 2. Robin Smith (NOVA), Vice<br>Chair | 6. Fiona Duncan (ROSE),<br>Member-At-Large              | 10. Robert Mitchell (MVN),<br>History & Archives |
| 3. Lucila Davies (LBG),<br>Secretary | 7. Alina de Armas (MVN),<br>Officials                   | 11. Mary Jurey (WH2O),<br>Fitness Chair          |
| 4. Bob Eberwine (SOBA),<br>Treasurer | 8. Cory Nguyen (RIPT),<br>Coaches Chair                 | 12. Arlette Godges (SBM),<br>Sports Medicine     |

*SPMS Member Attendees*

- |                                 |                            |  |
|---------------------------------|----------------------------|--|
| 13. Bart Parnes (LBG)           | 20. David Johannsen (SBM)  | 27. Brandon Franklin (SCAQ)                          |
| 14. Ralph Porrazzo (ROSE)       | 21. Sabrina Amigo (ROSE)   | 28. Lyndsay Naish (FMT),<br><i>Grown Up Swimming</i> |
| 15. Michael Collins (NOVA)      | 22. Jennifer Cooper (CVMM) | <i>Orange League Director</i>                        |
| 16. Bill Sive (SWLB)            | 23. Errol Graham (WH2O)    | 29. Becky Cleavenger (CVMM)                          |
| 17. Diana Dolan LaMar<br>(UC33) | 24. Mindy Dougherty (MVN)  |  |
| 18. Beata Konopka (CVMM)        | 25. Omar de Armas (MVN)    |  |
| 19. Carol Cracchiolo (ROSE)     | 26. Barbara Moore (MVN)    |  |

*SPMS Guest*

30. Brian Robbins, *Head Grown-up from Grown Up Swimming*

**Total** 30

*Executive Committee, Contractors, and Committee Chair Absentees*

- |   |  |   |
|---|--|---|
| 1. Jorge Ferrero (UC33),<br>Newsletter Editor | 2. Judi Divan (MVN), TopTen<br>& Membership Coord. | 3. Christie Ciraulo (WH2O),<br>Open Water |
|---|--|---|

## SPMS Monthly Minutes *via Zoom*

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### 2. APPROVE MINUTES

Approved minutes from Thursday, February 15, 2024, monthly meeting. MSP. with an amendment of David Johannsen is affiliated with SBM club.

### 3. STANDING AGENDA

#### Executive Committee Reports

##### Vice Chair

- Swimmers must not represent any club in competition for 60 consecutive days before transferring affiliation, unless during annual registration.
  - During the 60-day waiting period, swimmers should inform the Meet Admin of their intention to compete as "unattached" and submit a club transfer request form.
  - Club transfer request forms can be filed with either the SPMS Membership Coordinator ([membership@spmasterswim.org](mailto:membership@spmasterswim.org)) or the USMS National Office ([membership@usmasterswimming.org](mailto:membership@usmasterswimming.org)).

##### Treasurer Report

###### February Balance Sheet

###### February Income Statement

###### February Budget vs Actuals

- 2022 Taxes - CBA reviewed the forms. There were a couple of errors, but are fixed and have been submitted and waiting for approval.
  - After approval, will do the registry of Charitable trust for 2022. Then we will move on to 2023 taxes
- If all goes well with 2022 and 2023, SPMS can start accepting donations through USMS.
- Currently, not in compliance so any donations have to go directly to the board members not through USMS
- Clarification question about the 1,500.00 reimbursement
  - Johannsen asked - the processing for reimbursement automatic - there is no reflection of any reimbursement for February.
    - Vice Chair spoke - process is not automatic. Vice Chair makes the request and waits.
    - Treasurer confirmed that all was submitted was processed
    - Vice Chair has two more to request for the future at the moment.

#### SPMS Committee Reports

##### Coaches Committee

- On-Deck Coaching shifts available at Spring Nationals in Indy.
  - Responsibilities include organizing warm-ups and assisting swimmers with questions.
  - Volunteers receive food and a bright yellow shirt.
  - [Sign up for shifts here](#). Deadline is April 10th
- 2024 USMS National Coaches Clinic in Houston, Texas.
  - Dates: October 18-20 at the Airport Marriott (IAH).
  - Features speakers, networking opportunities, and pool time.

##### Meet Operations Committee

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- San Diego & Pasadena Senior Games are sharing the national qualifier for 2025. Pasadena is assigned swimming.
- Fri April 5th to Sun April 7th: 2024 SPMS SCY Championships hosted by CCAT Masters (CCAM). Support! New location for swim meets.
  - In agreement with CCAM hosting swim meets from the annual meeting, SPMS will have volunteers to help run the meet.
- The Stroke Clinic in Palm Springs.
  - Had 18 participants and three coaches, Diego, RJ, and Kim
  - It was agreed previously that SPMS would pay for the expenses first such as the pool rental. Palm Springs Masters has taken out their expenses and sent the check to the remainder of the proceeds amounted to \$215 to the treasurer.
  - Stipend to the coaches of \$200. A request for a motion for the additional monies to cover the stipends for the three coaches. The total request for money is \$385. MSP.

### Program Development/Marketing Committee

- Update of 2024 Annual Meeting Subcommittee
  - Initial plans are - no registration, stroke clinic, and inviting swim Olympians. Probably in the City of Irvine and on November 10th. Pricing in Irvine will be roughly \$500.
  - Mike Collins continued the conversation - and mentioned that Irvine will charge for pool time and lifeguards but will not charge for the meeting room. The meeting room, by fire code standards, can only fit 62 people. There should be a small fee charge to create more accountability.
  - Will update for the next monthly meeting based on emails and zoom meetings.

### SPMS Assignments Reports:

#### Fitness Virtual Events Report

### Contractor Reports

#### Membership Coordinator

- Kenny Brisbin announced - membership is at 3,412. Down by two members by this time in comparison to last year.

#### Top Ten Recorder

- Kenny Brisbin announced that the Top Ten Recorder Chair updated the list. Any issues please reach out to her.

Fitness Chair - No Report.

*\* Reports recorded above are the only submitted reports for the current month. Any others missing is due to no report submitted nor updates to be reported.*

**Move that March 21, 2024, SPMS Executive Committee, Contractor, SPMS Committee, SPMS Appointment, and USMS Committee Reports are approved as posted. MSP**

### USMS Committee Reports

*No update from members of USMS Committees.*

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### 5. OLD BUSINESS

- Changing of titles for Chairs to Advisors - still pending

### 6. NEW BUSINESS

Grown Up Swimming Presentation by Head Grown-up, Brian Robbins

- Introduction of Lyndsay Naish - the GUS director of Orange County.
- The league features different meet types, including Sprint Meets with quick 25s and 50s races, Traditional Meets with familiar summer league events, and Nashville Sprints focusing solely on 25s and a 50 IM.
- Descriptions of typical participants can be former competitive swimmer, seeking low-impact exercise, a working mom looking to get back into swimming, a triathlete looking for fun additions to his routine, and more!
- Teams can be formed from existing Masters groups, friends, or neighbors. Requirements include a team name, a captain, and assurance that all members can complete a pool length without aid.
- Team and Captain Support: Guidance on getting started, setting up a team page, registration, and resources for workouts and hosting meets.
- Social gathering on April 9th at 7 pm at Chapman Crafted in Orange, CA, for participants to connect and learn more
- Key Takeaways:
  - Grown-Up Swimming provides an opportunity for adults to engage in competitive swimming in a social and relaxed environment.
  - The league is inclusive, catering to various swimming abilities and backgrounds.
  - Social aspects are significant, with events and gatherings encouraging community building among participants.
  - Additional Notes:
    - The FAQ section addresses potential concerns and questions, emphasizing the league's community and family-friendly aspects, including the allowance of kids as timers and the presence of multi-generation relays.
    - The emphasis on fun and inclusivity suggests the league is a great option for adults looking to stay active, meet new people, and enjoy swimming without the pressure of high-level competitive events.

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### Questions about Grown Up Swimming

- How many people per team
  - No minimum. To swim relay - you need four. The average is 20-25 team members.
  - There is no disadvantage or advantage to scoring. There is a limit based on age group and gender.
- Can teams be comprised of different USMS club members?
  - Yes
- Cost?
  - To participate in GUS for the summer, it is a \$75 one-time fee for 4-5 swim meets. No meet entry fee add-ons.
  - There is no cost to start a summer league.
- Is there officiating?
  - Used to follow USA Swimming stroke and turns rules but now follows strictly USMS Swimming stroke and turns rules. Only one referee is needed on deck.
- Do the participants have to be a USMS member?
  - No - but USMS members will get a \$5 discount. There might be early registration discounts as well
- Will there be a Los Angeles County League Director?
  - Still working on finding a person. Still thinking of splitting Los Angeles County into two: West Valley and South-East areas.
- How are you determining where to start the meets?
  - 100% based on finding the right league director and the right networking systems. Part of the factor is based on how strong the USMS and USA Swimming presence is in certain areas.
- Brain's contact information - [brian@grownupswimming.com](mailto:brian@grownupswimming.com)
- Lyndsay's contact information - [Lyndsay@grownupswimming.com](mailto:Lyndsay@grownupswimming.com)

### Arlette Godges representing Santa Barbara Masters

- Santa Barbaras Masters would like to host their usual meet this year.
- Looking to secure dates either Saturday, July 20th or July 27th
  - Vice Chair and Arlette will talk offline in finalizing swim meet dates.

**MSP TO ADJOURN AT**

8:15 PM Pacific Time

**NEXT MEETING**

April 18, 2024, via Zoom at 7:30 PM Pacific Time