

## March 2022 - Charles McPeak, Coach's Chair

1. Congrats to all the New Coaches who were certified at the February 5th and 6th Clinic
2. Thanks to everyone who attended SPP's first swim meet on February 19th and 20th - and congratulations to all the newly minted "Stroke Specialists" from SPMS.
3. Coach Meeting - Thursday, March 31st, 2022 - 7pm

Please register here: <https://us02web.zoom.us/meeting/register/tZcudO-ppzMvH9zk0nTjfBg0a58qh8sKtMCV>

Topics are Inclusion (ADA/Gender) and Returning to the Pool After Recovering from COVID-19.

4. I really want to encourage coaches to promote IGLA in Palm Springs and Nationals in San Antonio. In my experience, the people who compete will stay through the cold months.
5. It was a blast to attend the Volunteer Relay two weeks ago in Denver. Here's what I brought home from this experience:
  - a. I learned a great deal about the USMS Website and how to find things
  - b. What marketing tools can be used to promote clubs (although Kyle didn't have the info I was looking for, but we'll get there).
  - c. Nathan Adrian is an incredible and motivating speaker.
  - d. There are lots of opportunities to partner with USA swimming, and we should take advantage of that.
  - e. Finally, I learned that I really can speak in public without throwing up. I was honored to be part of the Facility Relationships Panel facilitated by Bill Brenner and be on the same stage with Mel Goldstein.