

## Colorado Masters Swimming State Records

### Short Course Yards-Relays

Updated through 05/31/2012

next update August 2013

18 & Over							
Open Division				Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Matt Lang(24) Kevin Juliano(27) Jared Foster(31) Shane Copsey(24)	2007	1:31.30	Men's 200 Free 18+	D.U. Aquadolics	Andrew Brown(23) Keaka Jackson(29) Erich Slouf(30) Andrew Grassano(20)	2010 1:30.41
Rocky Mtn. Masters	Matt Beck(26) Steve Watson(23) Rob Nasser(31) Kurt Nelson(41)	2001	1:40.34	Men's 200 Medley 18+	Highlands Ranch	Matt Beck(26) Steve Watson(23) Rob Nasser(31) Kurt Nelson(41)	2001 1:40.34
CMS	Victor Price(22) Jared Walkenhorst(35) Ted Romero(29) Matt Robertson(34)	2010	3:45.78	Men's 400 Free 18+	Boulder Aquatic Masters	Victor Price(22) Jared Walkenhorst(35) Ted Romero(29) Matt Robertson(34)	2010 3:45.78
				Men's 400 Medley 18+			
				Men's 800 Free 18+			
CMS	Alexis Kato(33) Megan Priddy(24) Audrey Shuss(28) Brittany Biggs(22)	2012	1:41.72	Women's 200 Free 18+	U. of Denver	Brooke Taflinger(24) Sheri Hart(34) Heather Hagadorn(41) Katie Luellen(32)	2006 1:42.61
CMS	Megan Priddy(24) Brittany Biggs(22) Audrey Shuss(28) Alexis Kato(33)	2012	1:54.74	Women's 200 Medley 18+	Ft. Collins Club	Brette Winegarber(22) Karen Rosener(54) Lyndsey Linke(27) Kim Eden(39)	2008 1:58.76
CMS	Lisa Rugar(47) Lindsay Garner(31) Kristin Schirmuhly(26) Lauren Williamson(22)	2010	4:16.89	Women's 400 Free 18+	Rocky Mtn Thunder Masters	Lisa Rugar(47) Lindsay Garner(31) Kristin Schirmuhly(26) Lauren Williamson(22)	2010 4:16.89
				Women's 400 Medley 18+			
				Women's 800 Free 18+			
CMS	Matthew Eisenhuth(31) Kim McDermott(24) Jill Myers(27) Robert Putnam(31)	2005	1:35.19	Mixed 200 Free 18+	Thornton Masters	Jodi Lee(33) Crystal Stutzke(30) Lucas Diaz-Arias(20) Jared Foster(35)	2011 1:38.56
CMS	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005	1:39.24	Mixed 200 Medley 18+	Durango Masters	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005 1:39.24
CMS	Christina Sarnecki(23) Douglas Wong(35) Kathleen DeHaven(39)	2011	3:53.32	Mixed 400 Free 18+	BAM	Christina Sarnecki(23) Douglas Wong(35) Kathleen DeHaven(39)	2011 3:53.32

Michael Ayer(28)				Mixed 400 Medley 18+	Michael Ayer(28)			
				Mixed 800 Free 18+				
<b>25 &amp; Over</b>								
<b>Open Division</b>					<b>Workout Group Division</b>			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Haydn Silleck(29) Matt Eisenhuth(34) Chris O'Sullivan(33) Ian Caswell(29)	2008	1:26.72	Men's 200 Free 25+	DU Aquaholics	Matt Eisenhuth(29) Dan Ross(29) Thomas Rosinski(34) Hayden Silleck(25)	2004	1:27.10
Rocky Mtn. Masters	Mike Gonzales(35) Aaron McCormick(27) Robbert-Paul Smit(33) Paul Smith(42)	2002	1:36.06	Men's 200 Medley 25+	DU Aquaholics	Dan Ross(29) Matt Eisenhuth(29) Hayden Silleck(25) Thomas Rosinski(34)	2004	1:39.78
CMS	Dan Maley(28) Dustin Carpenter(26) Pat Chaiyaroj(44) Keith Pryor(37)	2008	4:04.76	Men's 400 Free 25+	Squids	Dan Maley(28) Dustin Carpenter(26) Pat Chaiyaroj(44) Keith Pryor(37)	2008	4:04.76
				Men's 400 Medley 25+				
				Men's 800 Free 25+				
Rocky Mtn. Masters	Cheryl Longfellow(28) Tiffany Forbes(31) Christy Lipson(28) Laureen Welting(32)	1998	1:40.85	Women's 200 Free 25+	DU Aquaholics	Christy Surr(31) Heather Hagedorn(37) Cecila Gadd-Siegel(30) Katy Clodius(27)	2002	1:43.03
Rocky Mtn. Masters	Holly Jenkins(35) Susanne Divelbiss(37) Katie Luellen(29) Cecila Gadd-Siegel(31)	2003	1:54.14	Women's 200 Medley 25+	DU Aquaholics	Lori Deacon(31) Julia Von Evig(40) Cecila Gad-Siegel(30) Heather Hagadorn(37)	2002	1:54.83
				Women's 400 Free 25+				
				Women's 400 Medley 25+				
				Women's 800 Free 25+				
Rocky Mtn. Masters	Aaron McCormick(27) Sarah Lee(35) Julia Von Evig(40) Robbert-Paul Smit(33)	2002	1:33.52	Mixed 200 Free 25+	Team Vortex	Daniel MacEachran(25) Aaron Hoffman(28) Katie Engelhardt(25) Laura Tuck(25)	2002	1:35.38
CMS	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009	1:41.84	Mixed 200 Medley 25+	DU Aquaholics	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009	1:41.84

CMS	Robbert-Paul Smit(41) Mica Van Slingerlandt(35) Tracy Deyell(25) Matthew Dane(40)	2011	3:58.19	Mixed 400 Free 25+	BAM	Robbert-Paul Smit(41) Mica Van Slingerlandt(35) Tracy Deyell(25) Matthew Dane(40)	2011	3:58.19
				Mixed 400 Medley 25+				
				Mixed 800 Free 25+				

**35 & Over**

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
Rocky Mtn. Masters	Robbert-Paul Smit(35) John Smith(42) Paul Smith(44) Rowdy Gaines(45)	2004	1:24.05	Men's 200 Free 35+	DU Aquaholics	Chris O'Sullivan(35) Andrew Le Vasseur(46) Schuyler Smith(41) Matthew Eisenhuth(35)	2010	1:29.36
Rocky Mtn. Masters	John Smith(42) Holden Bank(44) Robbert-Paul Smit(35) Paul Smith(44)	2004	1:35.04	Men's 200 Medley 35+	Aurora Masters		2003	1:43.67
CMS	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005	3:49.28	Men's 400 Free 35+	Broomfield Breakers	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005	3:49.28
				Men's 400 Medley 35+				
				Men's 800 Free 35+				
CMS	Susan Von Der Lippe(40) Kathy Garnier(45) Sheri Hart(35) Barbara Miller(35)	2006	1:36.46	Women's 200 Free 35+	DU	Teri Moen(38) Sheri Hart(36) Cecilia Gadd-Siegel(35) Heather Hagadorn(42)	2007	1:43.08
CMS	Sheri Hart(35) Susan Von Der Lippe(40) Ellen Campbell(43) Kathy Garnier(45)	2006	1:48.55	Women's 200 Medley 35+	DU	Sheri Hart(36) Cecilia Gadd-Siegel(35) Erika Leetmae(36) Teri Moen(38)	2007	1:54.91
CMS	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006	4:34.66	Women's 400 Free 35+	DU	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006	4:34.66
				Women's 400 Medley 35+				
Rocky Mtn. Masters	Kathy Garnier(41) Laura Smith(36) Judy Nelson(41) Heather Hagadorn(37)	2002	8:16.72	Women's 800 Free 35+				
Rocky Mtn. Masters	Kathy Garnier(43) Susan Von Der Lippe(38) John Smith(42) Paul Smith(44)	2004	1:30.17	Mixed 200 Free 35+	Boulder Aquatic Masters	Paul Smith(45) Mike Gonzales(38) Laura McKeever(37) (unknown)	2005	1:35.89
CMS	Sheri Hart(39)	2010	1:39.85	Mixed 200 Medley	BeeGees	Randy Cox(46)	2009	1:49.50

Matthew Eisenhuth(36) Chris O'Sullivan(35) Collette Sappey(45)		35+		Susan Von Der Lippe(43) Richard Hess(54) Kim Crouch(47)				
		Mixed 400 Free 35+						
		Mixed 400 Medley 35+						
		Mixed 800 Free 35+						
<b>45 &amp; Over</b>								
<b>Open Division</b>			<b>Workout Division</b>					
<b>Team</b>	<b>Swimmers</b>	<b>Year</b>	<b>Time</b>	<b>Relay</b>	<b>Team</b>	<b>Swimmers</b>	<b>Year</b>	<b>Time</b>
CMS	Richard Abrahams(60) Paul Smith(45) Richard Hess(50) James Lilley(45)	2005	1:27.94	Men's 200 Free 45+	Inverness Masters	Steven Kahl(46) Michael Mann(54) Scott Powell(47) Mark Lehrer(51)	2009	1:34.33
CMS	Paul Smith(45) Stuart Waterbury(51) James Lilley(45) Richard Abrahams(60)	2005	1:39.69	Men's 200 Medley 45+	Inverness Masters	Reed Wells(47) Michael Mann(54) Powell Scott(47) Steve Kahl(46)	2009	1:46.56
				Men's 400 Free 45+				
				Men's 400 Medley 45+				
				Men's 800 Free 45+				
CMS	Kathy Garnier(50) Collette Sappey(46) Anna Scott-Kube(48) Susan Von Der Lippe(45)	2011	1:40.44	Women's 200 Free 45+	Inverness Masters	Kathleen Steffe(45) Ellen Campbell(45) Susan Fouts(57) Kathy Garnier(47)	2008	1:54.62
CMS	Collette Sappey(46) Kim Crouch(49) Susan Von Der Lippe(45) Anna Scott-Kube(48)	2011	1:52.93	Women's 200 Medley 45+	Inverness Masters	Nicole Vanderpoel(47) Ellen Campbell(47) Lisa Thilker(46) Kathy Garnier(51)	2012	2:12.41
				Women's 400 Free 45+				
				Women's 400 Medley 45+	Rally Sport	Karen Ishibashi(55) Frankie Benning(50) Susan Canto(58) Julie Zender(50)	2008	5:35.47
				Women's 800 Free 45+				
CMS	Michael Mann(56) Greg Scott(51)	2011	1:35.40	Mixed 200 Free 45+	Inverness Masters	Steven Kahl(45) Ellen Campbell(45)	2008	1:39.47

	Susan Von Der Lippe(45) Anna Scot-Kube(48)				Mark Johnston(47) Kathy Garnier(47)		
CMS	Paul Smith(45) Stuart Waterbury(51) Karen Rosener(51) Cathy Drozda(46)	2005	1:49.43	Mixed 200 Medley 45+	Inverness Masters	Scott Powell(47) Michael Mann(54) Ellen Campbell(46) Kathy Garnier(48)	2009 1:54.68
CMS	Stephanie Mayer(48) Susan Canto(56) Frankie Benning(48) Karen Ishibashi(53)	2006	5:40.18	Mixed 400 Free 45+	Rally Sport	Stephanie Mayer(48) Susan Canto(56) Frankie Benning(48) Karen Ishibashi(53)	2006 5:40.18
				Mixed 400 Medley 45+			
				Mixed 800 Free 45+			
<b>55 &amp; Over</b>							
<b>Open Division</b>				<b>Workout Division</b>			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
Rocky Mtn. Masters	Paul McCormick(55) Arnie Dowd(56) Carl Selles(55) Richard Abrahams(57)	2002	1:35.55	Men's 200 Free 55+	Bee Gees	Richard Abrahams(65) Richard Hess(55) Tom McElhinney(56) Geoff Morheau(59)	2010 1:48.70
CMS	Chuck Fischer(55) Lee MacDonald(55) Richard Abrahams(62) Paul McCormick(60)	2007	1:48.60	Men's 200 Medley 55+	Durango Masters DU Aquaholics	T Ellis(57)C Fischer(58) D O'Brien(70)T Arnold(62) D Dodge(59)M Mann(55) M Jester(56)M DeSequin(56)	2006 2:03.99 2010
Rocky Mtn. Masters	Carl Selles(55) Arnie Dowd(56) Bill Abbott(55) Richard Abrahams(57)	2002	3:39.22	Men's 400 Free 55+			
				Men's 400 Medley 55+			
Rocky Mtn. Masters	Paul McCormick(55) Bill Abbott(56) Bill Burson(57) Carl Selles(56)	2003	8:29.47	Men's 800 Free 55+			
CMS	Judith Laney(55) Pamela Gatz(61) Christine Hashimoto(60) Susan Fouts(57)	2008	2:08.63	Women's 200 Free 55+	DU Masters	Marcia Anziano(62) Pam Gatz(60) Linda Lebsack(60) Winifred Prall(59)	2007 2:25.26
CMS	Christine Hashimoto(60) Grace Dyck(67) Karen Rosener(55) Lydia Young(60)	2009	2:33.14	Women's 200 Medley 55+	Cherry Creek Athletic Club	Judy Reed(66) Penny McKim(65) Ann Noble(62) Diana Parry(57)	2010 2:28.36
				Women's 400 Free 55+			
				Women's 400 Medley 55+			
				Women's 800 Free 55+			

CMS	Richard Abrahams(66) Karen Rosener(57) Lydia Young(62) Stuart Waterbury(57)	2011	1:50.39	Mixed 200 Free 55+	Durango Masters	Mal Jester(56) Thomas Ellis(57) Mary Anne Nelson(55) Trudy O'Brien(56)	2006	2:01.07
CMS	Chuck Fischer(55) Trudy O'Brien(57) Richard Abrahams(62) Carolyn Roche(56)	2007	2:03.46	Mixed 200 Medley 55+	BAM	Mary Haan(57) Stuart Waterbury(57) Todd Bryan(60) Carolyn Roche(59)	2011	2:05.45
				Mixed 400 Free 55+				
				Mixed 400 Medley 55+				
				Mixed 800 Free 55+				
<b>65 &amp; Over</b>								
<b>Open Division</b>				<b>Workout Division</b>				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Richard Abrahams(65) William Burson(65) John Kalmbach(65) Art Wolfe(70)	2010	1:47.27	Men's 200 Free 65+				
CMS	Allen Neuls(65) Mel Dyck(67) Ronald Molnar(67) Mark Plummer(72)	2009	2:11.29	Men's 200 Medley 65+	Boulder Aquatic Masters	Sanford Platter(66) John Myers(74) James Zurcher(70) Dick McCray(67)	2005	2:54.78
				Men's 400 Free 65+				
				Men's 400 Medley 65+				
				Men's 800 Free 65+				
CMS	Karen Zentgraf(66) Judy Kennedy(70) Jane Oberg(70) Louise Wise(65)	2008	2:30.49	Women's 200 Free 65+				
				Women's 200 Medley 65+				
				Women's 400 Free 65+				
				Women's 400 Medley 65+				

			Women's 800 Free 65+					
CMS	Mark Plummer(69) Jane Oberg(68) Patricia Harkreader(70) Dennis O'Brien(70)	2006	2:16.13	Mixed 200 Free 65+	Beegees	Allen Neuls(65) John Tobin(66) Grace Dyck(67) Peggy Buchannan(76)	2009	2:41.11
CMS	Jane Oberg(68) Bob Patten(71) Dennis O'Brien(70) Patricia Harkreader(70)	2006	2:32.30	Mixed 200 Medley 65+	Beegees	Grace Dyck(67) Mel Dyck(67) John Tobin(66) Eileen Croissant(69)	2009	2:55.43
			Mixed 400 Free 65+					
			Mixed 400 Medley 65+					
			Mixed 800 Free 65+					
<b>75 &amp; Over</b>								
<b>Open Division</b>				<b>Workout Division</b>				
<b>Team</b>	<b>Swimmers</b>	<b>Year</b>	<b>Time</b>	<b>Relay</b>	<b>Team</b>	<b>Swimmers</b>	<b>Year</b>	<b>Time</b>
				Men's 200 Free 75+				
				Men's 200 Medley 75+				
				Men's 400 Free 75+				
				Men's 400 Medley 75+				
				Men's 800 Free 75+				
				Women's 200 Free 75+				
				Women's 200 Medley 75+				
				Women's 400 Free 75+				

			Women's 400 Medley 75+	
			Women's 800 Free 75+	
CMS	Jim Michie(75) Frances Holmes(80) Peggy Buchannan(75) Frederick Hoppe(80)	2008	3:28.60	Mixed 200 Free 75+
			Mixed 200 Medley 75+	
			Mixed 400 Free 75+	
			Mixed 400 Medley 75+	
			Mixed 800 Free 75+	

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