

Colorado Masters Swimming State Records
Short Course Meters-Relays

Updated through 12/31/12

72-99								
Open Division			Workout Group Division					
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 72-99				
				Men's 200 Medley 72-99				
				Men's 400 Free 72-99				
				Men's 400 Medley 72-99				
				Men's 800 Free 72-99				
				Women's 200 Free 72-99				
				Women's 200 Medley 72-99				
				Women's 400 Free 72-99				
				Women's 400 Medley 72-99				
				Women's 800 Free 72-99				
				Mixed 200 Free 72-99				
				Mixed 200 Medley 72-99				
				Mixed 400 Free 72-99				
				Mixed 400 Medley 72-99				

				Mixed 800 Free 72-99				
100-119								
Open Division					Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 100-119				
				Men's 200 Medley 100-119				
Rocky Mtn. Masters	Daniel Phillips(31) Jon Hayden(28) Holly Bellmund(30) Keith Pryor(30)	2000	4:40.11	Men's 400 Free 100-119	SQUID	Daniel Phillips(31) Jon Hayden(28) Holly Bellmund(30) Keith Pryor(30)	2000	4:40.11
				Men's 400 Medley 100-119				
				Men's 800 Free 100-119				
				Women's 200 Free 100-119				
				Women's 200 Medley 100-119				
				Women's 400 Free 100-119				
				Women's 400 Medley 100-119				
				Women's 800 Free 100-119				
Rocky Mtn. Masters	Susan Peterson(33) Victor Valks(27) Brittany Southam(26) Ryan Jones(25)	2002	2:04.63	Mixed 200 Free 100-119				
				Mixed 200 Medley 100-119				
				Mixed 400 Free 100-119				

			Mixed 400 Medley 100-119					
			Mixed 800 Free 100-119					
120-159								
Open Division					Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 120-159				
				Men's 200 Medley 120-159				
Rocky Mtn. Masters	Joel Siegal(31) Dave Ross(32) Bill Brackett(44) Howie Silleck(24)	2002	4:28.13	Men's 400 Free 120-159				
Rocky Mtn. Masters	Pat Chaiyaros(37) Michael Barnhardt(39) Allen Rheem(51) Keith Pryor(30)	2000	4:23.25	Men's 400 Medley 120-159	SQUID	Pat Chaiyaros(37) Michael Barnhardt(39) Allen Rheem(51) Keith Pryor(30)	2000	4:43.25
Rocky Mtn. Masters	Pat Chaiyaros(38) Allen Rheem(52) Rob Price(31) Keith Pryor(31)	2001	9:32.39	Men's 800 Free 120-159				
				Women's 200 Free 120-159				
Rocky Mtn. Masters	Lori Deacon(32) Heather Hagadorn(37) Cecilia Gadd-Siegel(31) Sonya Burgers(24)	2002	2:16.87	Women's 200 Medley 120-159	Greenwood Athletic Club	Jenny Stein(40) Jana Iverson(37) Julie Lee(38) Collette Sappey(38)	2003	2:22.72
Rocky Mtn. Masters	Lori Deacon(32) Heather Hagadorn(37) Cecilia Gadd-Siegel(31) Sonya Burgers(24)	2002	4:38.01	Women's 400 Free 120-159				
Rocky Mtn. Masters	Lori Deacon(32) Heather Hagadorn(37) Cecilia Gadd-Siegel(31) Sonya Burgers(24)	2002	5:06.78	Women's 400 Medley 120-159				
				Women's 800 Free 120-159				
CMS	Alissa Johnson(19) John Kelly(51) John O'Keefe(51) Sarah Walker(28)	2012	2:16.29	Mixed 200 Free 120-159	BGs	Alissa Johnson(19) John Kelly(51) John O'Keefe(51) Sarah Walker(28)	2012	2:16.29
				Mixed 200 Medley 120-159	DAC		2007	2:27.53

			Mixed 400 Free 120-159				
			Mixed 400 Medley 120-159				
			Mixed 800 Free 120-159				
160-199							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Jeffrey Magourik (46) Tom McElhinney (54) Richard Hess (53) Patrick McLaughlin (38)	2007	1:58.85	Men's 200 Free 160-199	Bee Gees	Jeffrey Magourik(46) Tom McElhinney(54) Richard Hess(53) Patrick McLaughlin(38)	2007 1:58.85
Rocky Mtn. Masters	Karl Ellefsen Dave Kruse(43) Jeff Allman(39) Arnie Dowd(58)	2003	2:16.57	Men's 200 Medley 160-199	Greenwood Athletic Club	Karl Ellefsen(48) Dave Kruse(43) Jeff Allman(39) Arnie Dowd(58)	2003 2:16.57
				Men's 400 Free 160-199			
				Men's 400 Medley 160-199			
CMS	Eduardo Cruz(42) Mike Gelormino(43) Chris Weaver(36) Ed Fuller(52)	2011	11:08.89	Men's 800 Free 160-199			
				Women's 200 Free 160-199			
				Women's 200 Medley 160-199			
				Women's 400 Free 160-199			
				Women's 400 Medley 160-199			
				Women's 800 Free 160-199			
Rocky Mtn. Masters	Bill Brackett(44) Laura Smith(36) Paul Smith(43) Heather Hagadorn(37)	2002	1:53.12	Mixed 200 Free 160-199			
				Mixed 200 Medley 160-199			

				Mixed 400 Free 160-199	
				Mixed 400 Medley 160-199	
				Mixed 800 Free 160-199	
200-239					
Open Division			Workout Division		
Team	Swimmers	Year	Time	Relay	Team
				Men's 200 Free 200-239	
				Men's 200 Medley 200-239	
				Men's 400 Free 200-239	
				Men's 400 Medley 200-239	
CMS	Don Heins(57) Eric Reetz(51) Jeffrey Magouirk(50) Mark Leo(51)	2011	11:17.70	Men's 800 Free 200-239	
				Women's 200 Free 200-239	
				Women's 200 Medley 200-239	
				Women's 400 Free 200-239	
				Women's 400 Medley 200-239	
				Women's 800 Free 200-239	
				Mixed 200 Free 200-239	

	Mixed 200 Medley 200-239						
	Mixed 400 Free 200-239						
	Mixed 400 Medley 200-239						
	Mixed 800 Free 200-239						
240-279							
Open Division		Workout Division					
Team	Swimmers	Year Time	Relay	Team	Swimmers	Year	Time
			Men's 200 Free 240-279				
			Men's 200 Medley 240-279				
			Men's 400 Free 240-279				
			Men's 400 Medley 240-279				
			Men's 800 Free 240-279				
			Women's 200 Free 240-279				
			Women's 200 Medley 240-279				
			Women's 400 Free 240-279				
			Women's 400 Medley 240-279				
			Women's 800 Free 240-279				
			Mixed 200 Free 240-279				

		Mixed 200 Medley 240-279						
		Mixed 400 Free 240-279						
		Mixed 400 Medley 240-279						
		Mixed 800 Free 240-279						
280-319								
Open Division			Workout Division					
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 280-319				
				Men's 200 Medley 280-319				
				Men's 400 Free 280-319				
				Men's 400 Medley 280-319				
				Men's 800 Free 280-319				
				Women's 200 Free 280-319				
				Women's 200 Medley 280-319				
				Women's 400 Free 280-319				
				Women's 400 Medley 280-319				
				Women's 800 Free 280-319				

	Mixed 200 Free 280-319	
	Mixed 200 Medley 280-319	
	Mixed 400 Free 280-319	
	Mixed 400 Medley 280-319	
	Mixed 800 Free 280-319	