

## Colorado Masters Swimming Association Records

### Long Course Meters-Relays

Updated through 9/30/2017 next update Dec. 2018

72-99						
Open Division				Workout Group Division		
Team	Swimmers	Year	Time	Relay	Team	Swimmers
						Year Time
CMS	Nathan Hamilton(18) Doston Ganiyev(25) Phillip Pettibone(21) Jeffrey Gullett(29)	2012	1:44.81	Men's 200 Free 72-99		
CMS	Phillip Pettibone(21) Doston Ganiyev(25) Patrick Armstrong(21) Nathan Hamilton(18)	2012	1:46.51	Men's 200 Medley 72-99		
				Men's 400 Free 72-99		
				Men's 400 Medley 72-99		
				Men's 800 Free 72-99		
CMS	Melissa Phelps(22) Sarah Hamilton(22) Dakota MacClain(21) Sarah Walker(28)	2012	2:06.35	Women's 200 Free 72-99		
CMS	Dakota MacClain(21) Lauren Bailey(19) Sarah Walker(28) Sarah Hamilton(22)	2012	2:25.20	Women's 200 Medley 72-99		
				Women's 400 Free 72-99		
				Women's 400 Medley 72-99		
				Women's 800 Free 72-99		
CMS	Phillip Pettibone(21) Melissa Phelps(22) Sarah Walker(28) Patrick Armstrong(21)	2012	1:54.33	Mixed 200 Free 72-99		
CMS	Patrick Armstrong(21) Sarah Hamilton(22) Lauren Bailey(19) Nathan Hamilton(18)	2012	2:14.26	Mixed 200 Medley 72-99		
				Mixed 400 Free 72-99		
				Mixed 400 Medley		

72-99

Mixed 800 Free  
72-99**100-119****Open Division****Workout Group Division**

Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Nick Barta(28) Bryan Nydegger(25) David Krell(34) Gregory Nemick(24)	2012	1:51.27	Men's 200 Free 100-119				
CMS	Nick Barta(28) Bryan Nydegger(25) Gregory Nemick(24) Jeffrey Gullett(29)	2012	2:02.39	Men's 200 Medley 100-119				
CMS	Corey Parker(30) Sean Maher(23) Christopher Thomas(35) Jeffrey Johnson(30)	2002	4:26.61	Men's 400 Free 100-119	SQUID	Corey Parker(30) Sean Maher(23) Christopher Thomas(35) Jeffrey Johnson(30)	2002	4:26.61
CMS	Jon Christianson(33) Emmanuel David(34) Doston Ganiyev(27) Logan Dawson(24)	2014	4:24.47	Men's 400 Medley 100-119	SQUID	Thomas Morrissey(24) John Hayden(30) Daniel Phillips(33) Adam Thodey(28)	2002	5:44.89
				Men's 800 Free 100-119				
				Women's 200 Free 100-119				
CMS	Alicia Kendig(30) Melissa Phelps(22) Tracey Loper(29) Marci Catallo-Madruga(33)	2012	2:23.42	Women's 200 Medley 100-119				
				Women's 400 Free 100-119				
				Women's 400 Medley 100-119				
				Women's 800 Free 100-119				
CMS	Nick Barta(28) Tracey Loper(29) Lauren Bailley(19) Jeffrey Gullett(29)	2012	1:56.76	Mixed 200 Free 100-119				
CMS	Dakota MacClain(21) Bryan Nydegger(25) Doston Ganiyev(25)	2012	2:10.99	Mixed 200 Medley 100-119				

	Tracey Loper(29)		Mixed 400 Free 100-119			
CMS	Scott Ko(26) Chelsea Gibbons(26) Carter Cooper(27) Shannon Hoelsing(28)	2009 3:58.81	Mixed 400 Medley 100-119	Bee Gees	Scott Ko(26) Chelsea Gibbons(26) Carter Cooper(27) Shannon Hoelsing(28)	2009 3:58.81
CMS	Scott Ko(26) Chelsea Gibbons(26) Shannon Hoelsing(28) Carter Cooper(27)	2009 11:22.04	Mixed 800 Free 100-119	Bee Gees	Scott Ko(26) Chelsea Gibbons(26) Shannon Hoelsing(28) Carter Cooper(27)	2009 11:22.04
<b>120-159</b>						

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Steven Kahl(44) Mike Gonzales(40) Thomas Rosinski(36) Schuyler Smith(38)	2006	1:41.54	Men's 200 Free 120-159				
CMS	Andrew La Vasseur(47) Doston Ganiyev(23) Keith Pryor(40) Jon Christianson(29)	2010	1:52.46	Men's 200 Medley 120-159				
Rocky Mtn. Masters	Pat Chaiyaroj(39) Keith Pryor(32) Corey Parker(30) Jeff Commings(28)	2003	3:57.81	Men's 400 Free 120-159	SQUID	Pat Chaiyaroj(39) Richard Nielsen(38) Keith Pryor(32) Paul Lemp(35)	2002	4:21.94
Rocky Mtn. Masters	Jeff Commings(28) Richard Nielsen(40) Adam Thodey(30) Dan Phillips(35)	2005	4:49.26	Men's 400 Medley 120-159	SQUID	Paul Lemp(35) Jeff Commings(28) Richard Nielsen(38) Christopher Thomas(35)	2002	4:59.50
Rocky Mtn. Masters	Keith Pryor(32) John Hayden(30) Matt Fisher(43) Pat Chaiyaroj(39)	2003	10:03.68	Men's 800 Free 120-159				
Rocky Mtn. Masters	Kathy Garnier(38) Laura McKeever(30) Jennifer Rocke(33) Laureen Welting(32)	1998	1:58.23	Women's 200 Free 120-159				
Rocky Mtn. Masters	Jennifer Rocke(33) Laureen Welting(32) Laura McKeever(30) Kathy Garnier(38)	1998	2:17.38	Women's 200 Medley 120-159				
CMS	Jennifer Huyler(36) Loni Coyne(45) Amy O'Brien(44) Emily Thul(27)	2002	5:51.57	Women's 400 Free 120-159	SQUID	Jennifer Huyler(36) Loni Coyne(45) Amy O'Brien(44) Emily Thul(27)	2002	5:51.57
				Women's 400 Medley 120-159				
CMS	Ellie Najjar(48) Amy Hui(29) Tricia Good(38) Heather Bennett(28)	2009	11:35.27	Women's 800 Free 120-159				
CMS	Collette Sappey(48)	2012	1:52.74	Mixed 200 Free				

	Marci Cattallo-Madruga(33) Brent Bergstedt(32) Matthew Eisenhuth(38)		120-159			
Rocky Mtn. Masters	Daniel Thomas(21) Travis Mabry(26) Tiffany Forbes(37) Heather Hagadorn(39)	2004	2:05.04	Mixed 200 Medley 120-159		
CMS	Michael Cox(32) Amy Hui(29) Chris O'Sullivan(34) Leah Maples(35)	2009	6:08.96	Mixed 400 Free 120-159		
Rocky Mtn. Masters	Jeffrey Johnson(30) Loni Coyne(45) Pat Chaiyaroj(39) Amy O'Brien(44)	2002	5:21.39	Mixed 400 Medley 120-159	SQUID	Jeffrey Johnson(30) Loni Coyne(45) Pat Chaiyaroj(39) Amy O'Brien(44)
				Mixed 800 Free 120-159		

### 160-199

#### Open Division

#### Workout Division

Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Matt Eisenhuth(36) Schuyler Smith(42) Thomas Rosinski(40) Greg Scott(51)	2010	1:41.92	Men's 200 Free 160-199				
CMS	Andrew Gill(44) Greg Scott(51) Matt Eisenhuth(36) Schuyler Smith(42)	2008	1:53.29	Men's 200 Medley 160-199				
CMS	Mick Barnhardt(41) Jamie Henderson(45) Matt Fisher(43) Scott Landis(47)	2002	4:59.70	Men's 400 Free 160-199	SQUID	Mick Barnhardt(41) Jamie Henderson(45) Matt Fisher(43) Scott Landis(47)	2002	4:59.70
CMS	Keith Pryor(44) John Hayden(42) David Smith(27) Andrew Le Vasseur(51)	2014	5:24.96	Men's 400 Medley 160-199				
CMS	Bill Mead(59) Kevin Brauer(51) Jason Slinde(31) John Hayden(38)	2010	16:28.12	Men's 800 Free 160-199				
CMS	Kathy Garnier(46) Heather Hagadorn(41) Laura Smith(40) Laura Dravenstott(35)	2006	1:58.54	Women's 200 Free 160-199				
CMS	Nicole Vanderpoel(42) Amy Webb(31) Karen Rosener(52) Kathy Garnier(46)	2006	2:17.08	Women's 200 Medley 160-199				
				Women's 400 Free 160-199				
				Women's 400 Medley 160-199				

				Women's 800 Free 160-199			
Rocky Mtn. Masters	Kathy Garnier(38) Laureen Welting(32) Richard Abrahams(53) James Lillley(38)	1998	1:45.83	Mixed 200 Free 160-199			
CMS	Ignacio Jimenez(51) Casey Keiber(39) Kevin Doherty(43) Collette Sappey(52)	2016	2:05.62	Mixed 200 Medley 160-199			
				Mixed 400 Free 160-199			
CMS	Kent Carney(62) Tracia Goode(38) Greg Scott(50) Ellie Najjar(48)	2009	5:17.70	Mixed 400 Medley 160-199			
CMS	Rachael Bennett(42) Leah Maples(35) Jon Sarche(41) Mark Johnson(49)	2009	11:44.67	Mixed 800 Free 160-199	Swimdogs	Rachael Bennett(42) Leah Maples(35) Jon Sarche(41) Mark Johnson(49)	2009 11:44.67
<b>200-239</b>							
<b>Open Division</b>				<b>Workout Division</b>			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Jack Groselle(52) Trip Hedrick(52) Steve Wood(46) Richard Abrahams(61)	2006	1:38.24	Men's 200 Free 200-239			
CMS	Steve Wood(46) Jack Groselle(52) Trip Hedrick(52) Richard Abrahams(61)	2006	1:50.83	Men's 200 Medley 200-239			
SQUID	Tom Arrison(52) David Johnson(60) Tom Baugh(50) Robert Terry(49)	2002	6:31.03	Men's 400 Free 200-239	SQUID	Tom Arrison(52) David Johnson(60) Tom Baugh(50) Robert Terry(49)	2002 6:31.03
SQUID	Wayne Lee(48) David Johnson(60) Jamie Henderson(45) Robert Terry(49)	2002	6:47.09	Men's 400 Medley 200-239	SQUID	Wayne Lee(48) David Johnson(60) Jamie Henderson(45) Robert Terry(49)	2002 6:47.09
				Men's 800 Free 200-239			
CMS	Collette Sappey(49) Audrey Eldridge(50) Nicole Vanderpoel(49) Judy Nelson(53)	2013	2:10.78	Women's 200 Free 200-239			
CMS	Amanda Krause(30) Patricia Harkreader(70) Dana Shieman(44) Marcia Anziano(61)	2006	3:19.40	Women's 200 Medley 200-239			
				Women's 400 Free 200-239			

				Women's 400 Medley 200-239	
				Women's 800 Free 200-239	
CMS	Trip Hedrick(52) Kim Crouch(45) Kathy Garnier(46) Richard Abrahams(61)	2006	1:44.96	Mixed 200 Free 200-239	
CMS	Collette Sappey(48) Jamie Louie(55) Edward Melanson(50) Ute Boileau(50)	2012	2:19.23	Mixed 200 Medley 200-239	
				Mixed 400 Free 200-239	
				Mixed 400 Medley 200-239	
				Mixed 800 Free 200-239	

**240-279**

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Richard Abrahams(70) Ronald Molnar (73) Craig Petersen(55) Greg Scott(56)	2015	1:56.82	Men's 200 Free 240-279				
CMS	Craig Petersen(55) Greg Scott(56) Richard Abrahams(70) Ronald Molnar(73)	2015	2:11.59	Men's 200 Medley 240-279				
				Men's 400 Free 240-279				
CMS	Craig Petersen(49) Mel Dyck(68) Richard Abrahams(64) Carl Selles(62)	2009	4:49.24	Men's 400 Medley 240-279				
				Men's 800 Free 240-279				
CMS	Kim Crouch(56) Margie Yoder(65) Cynthia Shaffer(65) Carolyn Roche(66)	2017	2:38.13	Women's 200 Free 240-279				

CMS	Cynthia Shaffer(65) Kim Crouch(56) Carolyn Roche(66) Margie Yoder(65)	2017	2:54.03	Women's 200 Medley 240-279	
				Women's 400 Free 240-279	
				Women's 400 Medley 240-279	
				Women's 800 Free 240-279	
CMS	John Hughes(52) Morgan Edwards(61) Jane Oberg(68) Marcia Anziano(60)	2005	2:24.57	Mixed 200 Free 240-279	
CMS	Rob Barringer(52) Lee MacDonald(65) Carolyn Roche(66) Corinna Maleike(57)	2017	2:25.20	Mixed 200 Medley 240-279	
				Mixed 400 Free 240-279	
				Mixed 400 Medley 240-279	
				Mixed 800 Free 240-279	
<b>280-319</b>					
<b>Open Division</b>			<b>Workout Division</b>		
<b>Team</b>	<b>Swimmers</b>	<b>Year</b>	<b>Time</b>	<b>Relay</b>	<b>Team Swimmers Year Time</b>
				Men's 200 Free 280-319	
				Men's 200 Medley 280-319	
				Men's 400 Free 280-319	
				Men's 400 Medley 280-319	
				Men's 800 Free 280-319	

CMS	Christine Hashimoto(65) Janet Sachs(75) Jane Oberg(75) Winifred Prall(65)	2012	2:54.65	Women's 200 Free 280-319	
CMS	Janet Sachs(75) Winifred Prall(65) Jane Oberg(75) Christine Hashimoto(65)	2012	3:19.15	Women's 200 Medley 280-319	
				Women's 400 Free 280-319	
				Women's 400 Medley 280-319	
				Women's 800 Free 280-319	
CMS	Thom Burgess(70) Janet Sachs(75) Janet Oberg(75) Paul McCormick(65)	2012	2:37.16	Mixed 200 Free 280-319	
CMS	Janet Sachs(75) Thom Burgess(70) Jane Oberg(75) Paul McCormick(65)	2012	2:59.24	Mixed 200 Medley 280-319	
				Mixed 400 Free 280-319	
				Mixed 400 Medley 280-319	
				Mixed 800 Free 280-319	