

Colorado Goes Postal in the USMS 5K/10K ePostal National Championships

Dear Colorado Masters Distance Enthusiasts,

Now that Memorial Day is upon us, outdoor pools are opening up all across Colorado and Beyond. It's time for Colorado Masters Swimmers to go Postal by swimming in the USMS 5K/10K ePostal National Championships hosted by Hamilton SWIMS Masters Swim Team. Whether you swim it for fun, fitness or competition, just do it! You will be ranked Nationally with other USMS swimmers without ever having to leave our beautiful State. In addition, if you are an open water swimmer, this is a great way to get some quality distance swimming in an outdoor 50 meter pool! COMSA is once again sponsoring 2 dates where you can participate in either distance in a group setting. All you need to do is e-mail nicolevanderpoel@msn.com to reserve your lane and specify which date and distance you would like to swim. You must be a USMS registered member and bring a counter/verifier with you to take splits. Split sheets, clip boards, entry information and stop watches will be provided. The only cost to you is the entry fee to the host team. Besides getting a great workout, you will also receive a really cool Colorado Goes Postal Cap!



Below you will find the dates and locations on where to Go Postal:

Where: Lowry Pool, 775 Akron Way, Denver

When: Sunday June 16th & Sunday, July 28th

What time: 7 am start. Please arrive by 5:45 am

You may swim the USMS 5K/10K ePostal National Championships on your own as well, but you must swim either by September 16th! However, it's no fun to swim alone, so challenge yourself and fellow Colorado Masters swimmers and e-mail nicolevanderpoel@msn.com to reserve a lane. Please specify date and distance. You may reserve a lane for both dates! For further information from the host team, click on the link [Click here](#)

LET'S GO POSTAL COLORADO!